Diet and Regimen in Homeopathy
Handle Diabetes with Courage
Dysprosium Metallicum
Problems with Sugar
Lac Maternum
Sweet, Sweet Mothers Milk

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I would like to talk about how homeopathy has spread and developed over the last 10 years in Japan. It happened so rapidly and is often mentioned as a miracle. My first encounter with homeopathy was in the UK when I was suffering severely from ulcerative colitis and feeling I was at the end of my rope. Martin Miles was my homeopath and because of him I recovered miraculously and began learning homeopathy. Then I became the first Japanese registered homeopath of the Homeopathic Medical Association (HMA) in the UK and opened a clinic in London. Having had advice and support from Robert Davidson, then principal of CPH and a member of the HMA, I made up my mind to introduce homeopathy to Japan, as I was confident that homeopathy would be beneficial to the people of Japan. However, I soon hit the wall that the method I had learned and practiced in Europe did not work for Japanese patients. Then I invited many homeopaths from overseas and tried various methods free from bias and prejudice to find the way to get through this problem. Through my study I found out that the Japanese government had been vaccinating the entire nation for over 100 years and now the iatrogenic diseases were flourishing in the country as a result of excessive use of drugs in the past. Taking this fact into account, I have consequently created a variety of methods so as to deal with iatrogenic diseases, incurable diseases, vaccination derived diseases, environmental toxins and inner-child problems. I believe this is how the practical standard of Japanese homeopathy grew so fast to the world’s top level as a result.

In 1996 when my trial to spread homeopathy started, there had been no movement in the past to introduce it systematically but separated attempts. I had to start from zero and had to achieve it fast so I set two main targets. I thought spreading homeopathy to private homes should be shortcut and set it as one target. Focusing on PR activities, we also formed systems to import, develop and distribute homeopathic remedies to supply to the Japanese and made various self-care products like homeopathic remedy kits and remedy sets so that the general public could take care of their health, mineral balance and detox their bodies on their own. I also established ‘Homoeopathy Toranoko’, which is an association for homeopathy users and now approx. 20,000 members for introducing the benefits of homeopathy through lecture activities all over Japan and journals in an honest way. I also consider the importance of public support of homeopathy, which insists on necessity of homeopathy for Japan, and have started an activity, called ‘Action Homoeopathy’, targeting at 100,000 people's signatures.
The other target was to structure an educational system for training professional homeopaths, which has world standard in Japan. This organisation is for practicing of research, education and treatment of the latest homeopathy, being able to deal with modern Japanese health condition as an alternative medicine. I founded the Japan Royal Academy of Homoeopathy (RAH) in 1997 in Japan and started a training course for bringing up professional homeopaths. Standard of the RAH has been introduced in keeping with British traditional homeopathic colleges as a reference point in order to keep the same level of European standard, and it started as a recognised homeopathic college by the HMA. The first certifying examination for registered homeopaths was held at the British Embassy in Tokyo, inviting assessors from the HMA with Japanese interpreters. I also set up the Japanese Homoeopathic Medical Association (JPHMA) in Japan in order to establish a profession of registered homeopaths in parallel. I also established Nihon Homeopathy Centre under the JPHMA’s jurisdiction (160 centers as of Sept 08). This aims at compliance of the Japanese law and keeping the standard of homeopathic consultation high at every centre. The JPHMA created a guideline for professional homeopaths and takes entire responsibility towards claims from clients. As a fruitful result of these activities, the JPHMA succeeded in providing indemnity insurance to their members in 2005. The JPHMA was accepted to be a member of the International Council for Homeopathy (ICH). The JPHMA also started their own certifying examinations and has now over 360 members so far, taking a stance of emphasizing clinical practices in order to pursue homeopathic treatment for the Japanese health condition.

At the moment, the RAH has nine schools, having the London school as main, establishing consultation centers parallel to provide feedback results of homeopathic treatment to education and research. Homeopathic education has kept developing with those clinical results. The RAH has invited over 100 overseas lecturers and has provided lectures with Japanese interpreters.

I believe that those activities contributed the rapid development of homeopathy within such a short period of time.

As for the latest news, the JPHMA held their annual congress, celebrating the 10th anniversary. The congress was open to the general public and approx. 700 people attended. Lord Ward-Atherton was invited as a special guest. I presented 7 cases of developmental disorder such as autism and hyperactivity. Those cases were improved enormously with combination of miasm remedies, and homeopathic remedies such as Alumina and Mercury, which are contained in vaccines. We received quite good feedback from the audience and those cases have been published and the English versions will be published this autumn. (The Thesis of Immunisation Impossible and Homoeopathic Approach to Developmental Disorders). I reckon those results of Japanese homeopathy could contribute to the world.

My next subject is to work together with other health professions (conventional medicine and other alternative medicines) and overseas homeopathic organisations for mastering homeopathic medicine, enhancing the position of professional homeopaths and contributing to the people of Japan with homeopathy.