

Homoeopathy for a Healthy Heart and Mind

The results from this survey give support to the idea that Homoeopathy, be it in the form of self-care or professional care, is effective against issues of the mind. In addition, we have also discovered that Homoeopathy is widely used for emotional issues between parent and child during the stages of child-raising, and is also effective in helping those with a psychological dependence on drugs to overcome their problems and stand on their own two feet. Individual responses to our approaches to tackling mental issues can be found on the JPHMA website. (C)2009JPHMA (Unauthorised use prohibited) Effective from Sep.2009~Oct.2009

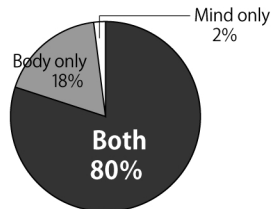
【 Profile of respondents 】 No. of respondents: 342 ■ Sex: Female 96% / Male 3% ■ Age: 20~30: less than 5% / 30~40: 43% / 40~50: 38% / Over 50: 15% ■ Respondents who own a home-kit for self-care: 93% ■ Period of use: on average 2 yrs and 11 mths

■ Use of Homoeopathic mental healthcare

● Do you use Homoeopathy for the body, mind, or both?

- Both the body and mind
- Mainly for the body
- Mainly for the mind

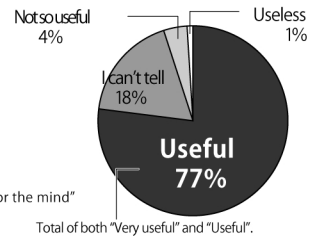
※Over 80% use it for the mind



● Has it been useful for your mental healthcare?

- Useful
- Not so useful
- I can't tell
- Useless

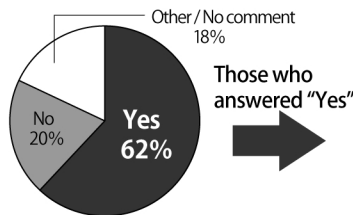
※Over 90% of those who use Homoeopathy "Mainly for the mind" (see left) have stated that it is "Useful".



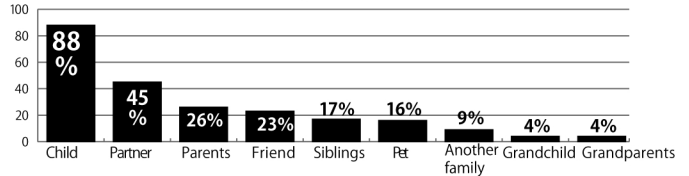
● Do you use this mental healthcare for anybody other than yourself?

- Yes
- No
- Other / No comment

※Over 60% use it for people other themselves



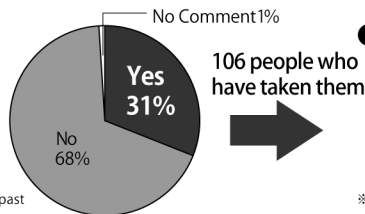
● Who are those other than yourself?



● Have you ever taken any psychiatric medication?

- Yes
- No
- No comment

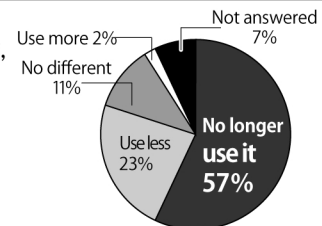
※A third of the respondents have used psychiatric medication in the past



● Having started Homoeopathy, how often do you now take psychiatric medication?

- No longer use it
- Use less
- No different
- Use more

※91% of the respondents answered "Use less" or "No longer use it".

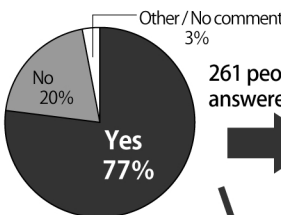


■ Consultations

● Have you ever received any Homoeopathic consultation(s)?

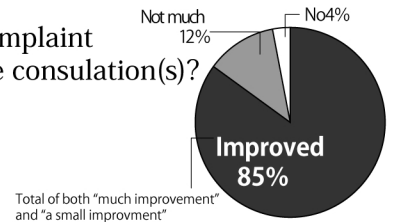
- Yes
- No
- Other / No comment

261 people who answered "Yes"



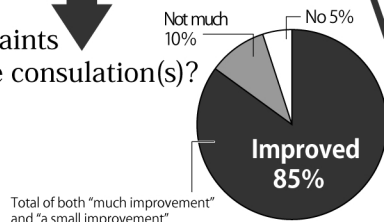
● Did your primary complaint improve through the consultation(s)?

- Improved
- Not much improvement
- No



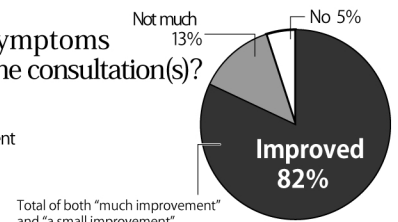
● Did any other complaints improve through the consultation(s)?

- Improved
- Not much improvement
- No



● Did any mental symptoms improve through the consultation(s)?

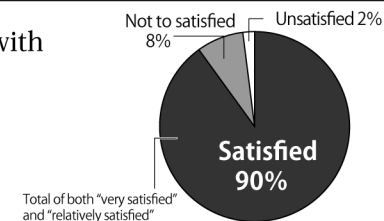
- Improved
- Not much improvement
- No



● Were you satisfied with the consultation(s)?

- Satisfied
- Not so satisfied
- Unsatisfied

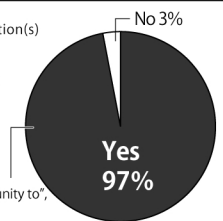
※Over 90% were satisfied



● Would you like to receive Homoeopathic consultation(s)?

- Yes
- No

Total of "definitely would like to", "if there is an opportunity to", and "only when there is a problem".



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